

**FIXED MINDSET ROOTED IN
UNCERTAINTY & SCARCITY**

**GROWTH MINDSET ROOTED
IN CLARITY & ABUNDANCE**

What impact can I possibly make? Life's too hard.

My experiences and skills are valuable and useful.

I never have enough time, resources, or contacts to really make a difference.

Life's always full of surprises; there's plenty for everyone.

There's so much chaos in the world, this isn't a good time to take unnecessary risks.

I embrace life's curve balls because risk is the opportunity.

I have to hold on and pare down because you never know what could happen.

Letting go of what's not useful opens up opportunities.

Life shouldn't be this hard for me, though I'm not afraid of anything!

I am grateful for life's opportunities and confident that I can make the most of them.